

# Langshott Ladybirds Nursery

## Health, Safety and Hygiene Policy

The aim of Ladybirds Nursery is to provide a supportive place in which children can develop a good knowledge of procedures to keep themselves safe, clean and healthy. We aim to ensure that adults provide good role models.

The nursery manager or in the absence of the nursery manager the deputy nursery manager is responsible for the health and safety of children and adults at the nursery.

A fully equipped first aid box and eye station is kept on the premises in a locked cupboard, out of the reach of children.

A minimum of two members of staff with first aid training are in attendance at all times (all nursery staff are trained first aiders). All staff will be required to attend training courses in relation to health and safety and updated accordingly.

The qualified first aiders are responsible for ensuring that the contents of the first aid box are kept fully supplied and within date. The nursery manager has responsibility for ordering of equipment and overseeing.

In the case of an accident or incident, a written, confidential record is kept in either the accident/incident record book. A copy of the record will be given to the parent concerned.

The nursery mobile phone is on the premises at all times should an emergency occur, all staff are aware of the emergency procedure as follows...

### Procedure/injured/sick child

- Qualified first aider to stay with or attend to the injured/sick child.

In the case of a serious incident or accident :

- One person to telephone for an ambulance and stay on the phone if advised to, then to contact the child's parent/carer (in the case of an unconscious child one staff member will stay with the child and the other will contact the ambulance service).
- All other staff are to take responsibility for the care of the other children(maintaining staff/child ratios where possible).
- First aider to accompany the child to the hospital in the ambulance, parents should follow if they have not arrived before the ambulance leaves nursery.

- A consent to medical treatment form, any care plan and the child's records from the children's file drawer will be taken to the hospital with the child.
- If the parent/carer cannot be contacted including through their emergency contacts the police will be asked to trace them.
- Following serious injury or incident to an adult or child at Ladybirds nursery the nursery manager will follow the procedure required by the health and safety executive (RIDDOR )
- Following any incident or accident in the nursery, a full record of the accident or incident will be reported in our accident and incident book, the parent will be given a copy of the record. The records remain confidential.
- Should a child come into nursery with an existing injury, the details will be recorded within the accident and incident book and the parent asked to sign. The parent will be given a copy of the record.

*Ladybirds nursery must notify ofsted of any serious accident, illness or injury to, or death of, any child whilst in their care, and of the action taken (list of reportable accidents etc are on their website).*

*Notification must be made as soon as is reasonably practical, but in any event within 14 days of the incident occurring.*

*Ladybirds nursery must notify the local child protection agency of any serious accident or injury to, or the death of, any child whilst in their care and must act on the advice given by the agency.*

## **Infectious diseases**

- Children suffering from an infectious illness should not attend. (A list of exclusions and notifiable diseases can be found on the laptop, desktop called spotty book).
- Following sickness or upset stomach the child should not attend for a period of forty eight hours from the last symptom.
- Parents/ carers should notify the nursery by phone of the reason for absence each day their child will not be attending or give a date of return.
- If no call is received to give a reason for absence, a member of staff will contact parents on each day of absence by phone call, text or email to establish the reason for absence, emergency contacts will be used by the nursery to gather this information . No names will be used on the messages left for parents. (the message should read: please inform the nursery of the reason for absence).

*Please see the Safeguarding policy for information on absence of a child who is the subject of a social services care plan or thought to be at risk of harm.*

- Tissues and wipes are provided. Children are encouraged to throw their used tissues in the closed top bin and to wash their hands afterwards. Adults wash their hands after assisting a child with personal hygiene or after attending to their own personal hygiene.
- If Ladybirds staff believe that any child is suffering from a notifiable disease the manager will inform Ofsted, and follow advice from the Health Protection Agency

*Please refer to the payment and notice policy for further information on absence*

*Please refer to the pandemic policy for further information on the prevention of infectious diseases in nursery.*

## **Safe use of equipment**

Equipment used at Ladybirds is good quality. We have a wide variety of equipment aimed at all areas of the curriculum. New equipment is purchased regularly from reputable dealers specialising in equipment for nurseries and the early years. Books and equipment reflect our multicultural society and promote positive images of people of all races and cultures. Our varied equipment presents challenges and is aimed at meeting the needs and interests of each individual child.

- Storage is set at an appropriate height to enable children to access equipment and resources independently with the support of an adult nearby if needed.
- All electrical equipment will be PAT tested annually by a qualified electrician
- Fire extinguishers will be checked annually by the fire safety officer.
- Plugs sockets will be used by adults only.
- Wall heaters are enclosed in wire cages that prevent children from accessing hot surfaces and to prevent toys and equipment from touching them.
- All electrical equipment is unplugged at the end of the session with the exception of the fridge.
- The fridge/freezer is stored next to the work surface and is in full view of adults. Care will be taken not to store anything that may cause an allergic reaction where we have been notified that a child has a particular allergy . The only exception to this is nursery milk. The fridge/freezer has child proof safety locks on each door.

- Plastic bags, cleaning materials, changing equipment, staff personal property and first aid equipment are stored in a locked cupboard.
- COSHH data sheets are held on all potentially hazardous liquids used in nursery, these are stored in the Health and Safety file.
- The nappy bucket is stored in the cloakroom and is emptied daily or more frequently where required.
- Daily risk assessment is carried out at the beginning and end of each session.
- Equipment is cleaned regularly with anti-bac, large equipment is cleaned at the end of each half term and a deep clean is carried out during times when the nursery is closed to children.
- Broken equipment is always disposed of immediately.
- Designated coloured, disposable cleaning cloths are in use for washing up, cleaning tables, and the messy area.
- Sand and water trays are covered or brought inside overnight, or emptied/covered
- Water play activities are closely supervised.
- Before using the school grounds it must be established that the boundary is secure and a risk assessment is carried out. The area available to the nursery is marked by blue and white cones.

## **Safety in the nursery**

The nursery building is rented from the Langshott Primary School. The school is responsible for the upkeep of the main building. The rental agreement may be viewed on application to the nursery manager. A premises check is carried out regularly and any issues are reported to the school.

- Daily written risk assessments on equipment, outside area and indoor area, are carried out before and after each session. Broken or faulty equipment will be reported to the nursery manager who will decide if it needs to be destroyed.
- Building risk assessments, indoor and outdoor are carried out annually by our landlord and any concerns are raised by the nursery manager in the interim.
- Written or oral risk assessments are carried out on new equipment or activities.
- Existing risk assessments are stored for reference and reviewed where required.
- Daily activities are risk assessed formally and informally.. Staff are vigilant and risk assess throughout the session to promote the safety of children and adults.

- Staff raise awareness of the need to keep ourselves safe through activities, positive role modelling and talking with the children. Children are encouraged to risk assess their own activity through open-ended questions.
- We have a safety in the sun policy.
- Emergency exits are clearly labelled and unobstructed at all times.
- Equipment is stored safely.
- The attendance register is completed at each end of the session for children and adults. Visitors are asked to sign in and out of our visitors book, professional visitors will be asked for ID, visiting parents and families will need to provide full name, address, postcode and telephone number prior to their visit. Visitors without a prior appointment will not be admitted.
- At the end of the day all switches and sockets are turned off, with the exception of the fridge. The lights are switched off and external doors secure and locked. The gate is padlocked overnight.
- In order to reduce the risk to children, no hot drinks will be permitted within the main room, cloakroom or outside learning environment of the nursery whilst children are on the premises. A separate area is designated for this purpose.
- Bags that children bring with them to nursery must only contain a change of clothes or nappy changing kit. Plastic nappy sacks should not be included. Any medication, drinks, food, toys or other personal items must not be included and should be taken away with the parent. If any of these items are inadvertently left in a child's bag they will be removed and placed in a locked cupboard for safety. A safe place can be provided should parent/carers need to leave personal items in exceptional circumstances. (medication or dangerous items may not be stored at the nursery without a health-care plan in place.)
- The main door to the nursery is fitted with an alarm which sounds when the door is opened. The alarm is armed throughout each session.
- The main gate to the nursery is locked during the session and the gate to the school playground is bolted. The gate to the garden is also bolted when in use.
- When taking children to the garden area staff will use the hoops in the case of large groups with two adults or hold children's hands for smaller groups. A walkie talkie is provided for staff in the garden to alert adults that a child wishes to return to the main building. Children are always escorted to and from the garden by an adult and a list is kept of how many children and adults are in the garden at any one time. 1 list kept in the garden and 1 displayed at the fire exit to the playground.

- Parents and visitors to the nursery are asked to wait at the main gate until their identification is verified and the gate unlocked by a member of staff.
- At the beginning of the day, Children are dropped at the gate or are brought into nursery by their parent/carer and taken in by a member of staff.
- Staff wait with children in the playground at collection times and drop off times.
- At the end of the day session, Parents/carers are asked to wait outside at the gate until their child is released into their care, staff are positioned at the main gate and call each child in turn. During inclement weather parents may be advised to wait under the playground cover and a staff member will stand at the nursery door to call their children who will wait inside.
- Notices are displayed to remind parents and children to hold hands and to stay safe.
- Written consent must be given if a person other than the child's main carer is to collect the child from nursery. A password system may be set up between nursery and parent. The person collecting a child must be aged 18 or over.

*Please see the policy on late collection or non collection of a child*

## Outings

- Full risk assessments will be carried out for specific outings offsite. These will include adult child ratios, insurance, staff duties, parent help, activity, transport, food and drink, health and safety. Please see the Outings policy within this file for further information

## Hygiene

- The premises will be cleaned and maintained by members of staff at the end of each session.
- The toilets and basins will be checked for cleanliness regularly throughout each session.
- Children will be educated in personal hygiene and be expected to flush the toilet and wash their hands with soap and water afterwards, using a fresh paper towel to dry them. They will be encouraged to leave the toilet and basin in good order for the next person to use.

- Children who need to use a potty/trainer seat should have their own named potty/trainer seat provided by parents. (This is by prior arrangement and following discussion with the key person of the child)
- Children and adults will wash their hands after playing outside and at regular intervals throughout the session.
- Equipment will be cleaned regularly using ant-bac. Staff are responsible for ensuring an effective cleaning rota.

## Food and Drink

**Parents will be asked to provide information on any allergies, intolerances or religious and cultural requirements for their child prior to attending the nursery. Staff will take appropriate training on 'epipen' use from an up to date source prior to admitting a child with diagnosed anaphylaxis or other specific training deemed necessary for other procedures necessary for the safety of individual children.**

A child with any of the above will have a large red A next to their name in the register and on activity sheets available to all staff. It will also be listed on the inside of the cooking equipment storage cupboard. All staff will be informed of the requirements for the child and their snack card will have it written on the inside.

- Staff are trained in handling and preparing food. All staff handling food and drink attend an approved training course.
- Ladybirds does not serve meals or store food on the premises. There is not a requirement for Ladybirds to register with Environmental Health.
- Children and adults will wash their hands prior to handling or eating food and drink.
- Children and adults will wash their hands after eating or handling food and drink.
- Healthy snacks are served at Ladybirds, parents are asked to donate fresh fruit or vegetables for sharing at our snack time. Fruit and vegetables are washed prior to eating
- Fruit and vegetables are served in accordance with advice from the following website [Safe from choking | How to prevent choking in children](#)
- Children will always sit at the table on a chair or the floor to eat, they must not be allowed to wander around with food in their mouths.
- Children will be supervised at all times whilst eating (1 adult per table). The adult will sit at the table with the children being vigilant that choking children are usually silent.
- Incidents of food poisoning affecting two or more children looked after at Ladybirds will be notified to Ofsted.

- Ladybirds provides free milk or water at snack time. Parents may inform us of their choice of either.
- Fresh drinking water is always available and parents can provide an individual named water bottle for their children to use.
- Packed lunches provided by parents should contain healthy items, an advice leaflet is handed to parents and reminders throughout their time at nursery which provides some ideas of what to include and foods to avoid in a healthy packed lunch.
- Lunches are stored on an outdoor trolley that is covered and parents are asked to put a cool pack into the lunch box in hot weather.

The nursery promotes a healthy diet and lifestyle for our children, good oral health practices are incorporated into our planning a curriculum suitable for individual children. Families will receive guidance and information from reputable sources in order to work together with the nursery to provide consistent support for children's healthy bodies, teeth and gums.

***Incidents of food poisoning affecting two or more children (or adults) will be reported to Ofsted within 14 days of incident or sooner where possible.***

### **Administration of medicines and Health Care Plans**

- **Sugar free Calpol and Children's Piriton Syrup** – upon joining the nursery parents will be asked to sign a form to give permission to administer sugar free Calpol and Children's Piriton syrup.
- Every effort will be made to contact the child's parent/carer or emergency contact prior to administering non-prescription medication.
- Nursery staff are only able to administer sugar free Calpol when a child has a high temperature of over 38 degrees celsius or for mild pain relief. The amount of sugar free Calpol administered will relate to the amount stated on the packaging and according to the child's age as per the label on the bottle.
- Children's Piriton syrup will only be administered if a child has an allergic reaction that is causing them discomfort, getting progressively worse and the parents cannot be contacted.
- Non-prescription medication will only be administered after the expiration date has been checked.

- If sugar free Calpol or Children's Piriton Syrup is administered, staff will record date, time, dose and date of expiry on an incident slip and parents/carers will be contacted to collect their child.
- **IT IS PARENTS RESPONSIBILITY TO INFORM NURSERY IF THEIR CHILD HAS TAKEN ANY MEDICATION BEFORE THEY ATTEND.**
- A small amount of non prescription medication will be stored in a sealed container in the locked cupboard in the cloakroom for STAFF use only. Staff members will have to sign a form stating they have read the instructions, the dose taken, the date and the reason for taking.
- Staff will not store medication in their personal belongings.
- No medicine will be administered to children without parental consent
- No medicine can be stored onsite if it needs refrigeration
- No medication will be stored on the nursery site overnight with exception of non-prescription medication.
- No medication will be stored without an active and up to date health care plan with the exception of non-prescription medication.

**Where a child has allergies or a medical condition or disability requiring medication, a Health Care Plan must be completed by the parent/carer with the Nursery Manager prior to attendance.**

Copies of this plan will be circulated amongst nursery staff to ensure all team members are fully informed of the requirements of the plan and a copy stored with the child's medication sheet on top of the medication box and their personal information.

Details of the health care plan for individual children may be forwarded to the company providing insurance to Langshott Ladybirds Nursery as part of the requirements of the policy. The child may attend the nursery after confirmation from the insurers that the nursery insurance is not affected.

- **Prescribed medicines** (that do not need refrigeration) will be stored in a locked cupboard and must be in the original packaging, clearly marked with the prescribed dosage and name of the child. There are no facilities for storage in a locked cold fridge for any medication.
- **CHILDREN REQUIRING LIFESAVING MEDICATION WILL NOT BE ALLOWED TO ATTEND WITHOUT THEIR MEDICATION.**
- **Prescribed medication** is only administered if it is not possible for the parent to administer it prior to the child attending nursery and only when the child has a complete, up to date, Health Care Plan. Medication must be in the original packaging with the prescription label attached.

- Parents must inform the nursery if their child has received any medication prior to attending a session.
- For children who have an ongoing or serious condition the below applies ;
- Prior to any **prescribed medication** being given to children by nursery staff, they will check the care plan and the expiry date of the medication
- **The medication must be clearly marked with the pharmacist sticker, showing the child's name and the correct dosage on the container and then put into a clear container. Medication must never be stored in children's bags but handed to a staff member when the child arrives at nursery.**
  - Where it becomes necessary to administer medication to a child, a record will be kept of the name of medication, person administering, date, time and the response of the child. (a sheet for this purpose is attached to the medicine record and care plan)
  - In the case of emergency medication the child will be monitored continuously until professional help arrives or the parent collects the child (this is dependent on the agreement in the health care plan)
  - All incidents further to the general running of the nursery must always be noted in our accident or incident book. (These include conversations or advice from parents over the phone, administration of medicines, concerns about the child, **this list is not exhaustive**) The parent will be asked to read and sign the slip in acknowledgement that the nursery has informed them of an incident. The parent will be given the top copy.
- In some cases special training will be required by nursery staff, this should be delivered by a qualified nurse or health worker and updated accordingly.
- Parents must notify the nursery of allergies or intolerances that their child suffers from with instructions for dealing with any reactions which may occur in relation to the allergy/intolerance. The child will require a Health Care Plan

## Jewellery

- The wearing of jewellery, watches or bodily adornments is not permitted at Ladybirds, this includes the wearing of earrings.
- Jewellery found on a child should be removed and kept in a safe place, the item should be returned to the parent at the end of the session.
- All items of jewellery remain the responsibility of the parent.

- Parents desiring children to wear items of jewellery or bodily adornments required in relation to a faith or culture will be asked to arrange for these to have a safety clasp fitted. The nursery manager will work closely with parents to establish a mutually acceptable solution and must always ensure that the safety of the child and other children within Ladybirds nursery is paramount at all times.

## Smoking, Drugs, Alcohol

- In the interest of children's and staff health and to reduce the risk of fire the Langshott/Oakwood site is a designated NO SMOKING area. Adults who do smoke will be asked to extinguish their cigarette.
- Staff and parents are asked not to use e-cigarettes or vapes on site.
- Staff must not be under the influence of alcohol or any other substance which may affect their ability to care for children. If staff are taking medication that they believe may impair them, they must seek further medical advice and only work directly with children if that advice is that the medication is unlikely to impair their ability to look after children. The setting manager must be informed.

## Pets

- In order to maintain a clean and safe environment, dogs are not allowed on the school site. To further reduce risk, dogs must not be tethered on the site boundaries.

A Surrey County Council bylaw restricts dogs from being brought onto the school site.

## Nappy changing

- Parents of children who wear nappies should provide a full changing kit
- A small quantity of disposable nappies and wipes will be kept on site for emergency use.
- The children are changed on a purpose made changing mat on the floor, behind a privacy screen.
- Windows to the room are covered in one way obscuring plastic, this is checked regularly for condition and wear.

- The mat is wiped or sprayed with anti-bac before and after each change.
- Adults wear protective gloves and disposable plastic aprons when dealing with wet and soiled children, and wash their hands after attending to a child.
- Children will wash their hands after they have been changed.
- Wet/soiled nappies are wrapped and disposed of in the nappy bin which is stored in the cloakroom
- The nappy bin is emptied daily and cleaned with anti-bac, the contents wrapped in a black sack and disposed of in the large bin.\*
- Soiled or wet clothing should be wrapped, and placed in the child's bag . The bag will be safely stored on top of the cupboard for return to the parent/carer at the end of the session.
- Nappy changes are recorded in the confidential changing record sheet, giving reason for change and named staff member who changed the child.

### Sleeping children

- If your child falls asleep at nursery during their session a member of staff will place them on the floor with a soft blanket underneath them, they will be placed on their back and an adult will remain with them, the area will be cordoned off to ensure no other children can trip over them and the adult will remain with them to ensure their safety as they nap.
- Children will be woken after 10 minutes and if they are still very sleepy their parent/carer will be called to collect them.
- If we consider that the child may be unwell the parent/carer will be contacted to collect the child.

Staff at Ladybirds are kept up to date with current legislation with regard to health and safety practices. Staff attend specific training where required.

This policy was written using support information from the surrey cc website and the health and safety at work act and our EYCS advisor

This policy reflects the requirements of the EYFS 2025

**This policy was updated March 2026**